



Healthy
Workplaces
Manage Stress



Presidency of
the Council of the
European Union

GRAND DUCHY OF
luxembourg

Healthy Workplaces Summit 2015

Healthy Workplaces Manage Stress

PARALLEL SESSIONS

To facilitate networking and foster discussion and debate on key OSH topics, three parallel sessions will take place on the afternoon of 3 November. Running in parallel, the sessions have been designed to provide insight and advice on a range of contemporary OSH matters relevant to businesses and organisations Europe-wide.

Please register for one of the following topics:

Parallel session 1: Good practices for managing stress and psychosocial risks at work

Identifying good practice in occupational safety and health and facilitating its exchange is one of EU-OSHA's key goals. This applies in particular to campaigns. Within the current campaign 'Healthy Workplaces Manage Stress', the Agency collected good practice examples related to psychosocial risks among others through the Healthy Workplaces Good Practice Awards Competition. Some of the award winning examples will be presented in the session, illustrating good practice in managing stress contributing to better safety and health in workplaces.

The session will focus particularly on psychosocial risk assessment, the role of leadership and worker participation as well as on the support in managing psychosocial risks (the role of Labour Inspectorates, OSH experts, psychologists, EU-OSHA etc.). The audience will learn about the practical measures implemented to deal with psychosocial risks and the means used to successfully address associated challenges.

Language: This workshop will be conducted in English, with interpretation into German and Spanish available.

Parallel session 2: Strategies and programmes for managing stress and psychosocial risks at work

The management of work-related stress is influenced not only by the direct actions of employers and employees in the workplace. Policy-makers, labour inspectors, experts, information providers and social partners all play a role in driving prevention and reducing the costs to Europe's workers, businesses and States. This interactive session will consider the different roles and responsibilities of those influencing prevention, with the audience providing answers to a series of questions that will drive the moderated discussion of an expert panel from around Europe

Language: This workshop will be conducted in English, with interpretation into French and Spanish available.

Parallel session 3: Let's talk about OSH - innovative ways for communicating on occupational safety and health

This workshop will try to explore innovative ways for communicating on occupational safety and health, including the use of social media and e-learning tools. In particular, it will focus on low profile, but high impact communication actions that can be implemented by non-communication experts without major human and/or financial resources. Led by an experienced OSH communications expert, this interactive session will feature case studies and offer practical guidance to help participants to put into practice new ways of communicating occupational safety and health.

Language: This workshop will be conducted in English.

