



Healthy  
Workplaces  
Manage Stress



Presidency of  
the Council of the  
European Union

GRAND DUCHY OF  
**Luxembourg**

# Healthy Workplaces Summit 2015 Programme

Healthy Workplaces Manage Stress  
Euskalduna Conference Centre  
Bilbao, 3 - 4 November 2015

**Day 1**            **3 November 2015**

**13.00**            **Registration and finger food lunch**

Moderator: Brenda O'Brien, Brussels Liaison Office, European Agency for Safety and Health at Work (EU-OSHA)

**14.00 – 15.00**    **Opening**

Welcome by Christa Sedlatschek, EU-OSHA Director

### Opening statements

- Marianne Thyssen, Commissioner for Employment, Social Affairs, Skills and Labour Mobility
- Nicolas Schmit, Minister of Labour, Employment and the Social and Solidarity Economy representing the Luxembourg EU Presidency
- Juan Pablo Riesgo, Secretary of State for Employment, Spanish Government
- Angel Toña, Minister of Employment and Social Policy, Basque Government
- Esther Lynch, Confederal Secretary of the European Trade Union Confederation
- Kris De Meester, Chair of the Health and Safety Group, BusinessEurope

**15.00 – 15.30**    **Managing stress and psychosocial risks in the workplace –  
the legacy of Dr Eusebio Rial González**

Presentation by Professor Thomas Cox CBE, Professor of Occupational Health Psychology and Management, Director of the Centre for Sustainable Working Life, Birkbeck, University of London

Announcement of the Eusebio Rial González Innovation and Practice Award in Occupational Health Psychology

**15:30 – 16.00**    **Networking break**

**16.00 – 18.00**    **Parallel sessions**

**Session 1: Good practices for managing stress and psychosocial risks at work**

- Chair: Peter Kelly, The Health and Safety Executive (HSE), Chair of the Healthy Workplaces Good Practice Awards
- Duša Lindtner and Matej Eigner, Zavarovalnica Triglav, d.d. (Slovenia)
- Keld Thornæs, Lån & Spar Bank (Denmark)
- Lars Hoffmann and Yvan Bové, Siemens AG (Germany & Belgium)
- Andreas Tautz, Deutsche Post DHL Group (Germany)

**Session 2: Strategies and programmes for managing stress and psychosocial risks at work**

- Chair: Francisco Jesús Alvarez Hidalgo, Principal Administrator, 'Health, Safety and Hygiene at Work' Unit, DG Employment, Social Affairs and Inclusion, European Commission
- Veronika Jakl, Arbeitspsychologie Jakl (Austria)
- Charlotte Demoulin, Federal Public Service Employment (Belgium)
- Lukas Weber, Health Promotion Switzerland
- Anders Eklund, ETUCE/Läraryrbundet (Sweden)
- Lars Christian Lidsmoes, Arbejdstilsynet (Denmark)
- Stéphane Coigné, Coiffure EU (Belgium)

**Session 3: Let's talk about OSH - innovative ways for communicating on occupational safety and health**

- Chair: Philippe Borremans, Communication Consultant and Trainer
- Maartje Bakhuis Roozeboom, TNO (The Netherlands)
- Stéphane Vaxelaire, INRS (France)

19.30 – 23.00 **Networking event**

**Day 2 4 November 2015**

Moderator: Nancy Batens, Stress Management and Communication Consultant

**9.30 – 11.00 Managing stress and psychosocial risks at work – putting research evidence into practice**

Key-note speech by Professor Johannes Siegrist, Senior Professor 'Work Stress Research', Heinrich-Heine University, Düsseldorf

**Panel discussion**

- Esther Lynch, ETUC Confederal Secretary
- Kris De Meester, Chair of the Health and Safety Group, BusinessEurope
- Sergio Iavicoli, INAIL- Italian Workers' Compensation Authority; Italy; President of the European Academy of Occupational Health Psychology
- Patricia Such Faro, Head of Health and Safety, SEAT Group
- Pam Burrows, Managing Director of Satori, Representative of Nottingham City Homes

11.00 – 11.30 **Networking break**

Moderator: Brenda O'Brien, Brussels Liaison Office, EU-OSHA

**11.30 – 12.15 The future of occupational safety and health in Europe**

- Key-note speech by Ole Christensen, Member of the European Parliament and rapporteur on the EU Strategic framework on safety and health at work 2014-2020
- Replies by Stefan Olsson, Director, Employment and Social Legislation, Social Dialogue, DG Employment, Social Affairs & Inclusion, European Commission and Christa Sedlatschek, EU-OSHA Director

12.15 – 12.30 **Closing by Christa Sedlatschek, EU-OSHA Director**

12.45 – 13.30 **Finger food lunch**

This event is held in memory of Dr Eusebio Rial González (1966-2014)  
Head of Prevention and Research Unit, EU-OSHA.